

Main Pool

MONDAY

7.30 – 9.00 – Length Swim
9.00 – 12.00 – Schools (2 Lanes)
9.00 – 12.00 – Public Swim (4 Lanes)
12.00 – 14.00 – Length Swim
14.30 – 15.30 – VIP Swim (2 lanes)
14.00 – 17.00 – Leisure Swim
17.00 – 21.30 – Club Swim
21.30 – 22.15 – Length Swim

TUESDAY

7.30 – 9.00 – Length Swim
9.00 – 12.00 – Schools (2 Lanes)
9.00 – 12.00 – Public Swim (4 Lanes)
12.00 – 14.00 – Length Swim
14.00 – 19.30 – Leisure Swim
18.00 – 18.45 – AquaFit (3 lanes)
19.30 – 22.15 – Length Swim

WEDNESDAY

7.30 – 9.00 – Length Swim
9.00 – 12.00 – Leisure Swim
12.00 – 14.00 – Length Swim
14.00 – 19.30 – Leisure Swim
19.30 – 22.15 – Length Swim
20.15 – 21.00 – AquaFit (2 lanes)

THURSDAY

7.30 – 9.00 – Length Swim (4 lanes)
8.15 – 9.15 – Schools (2 lanes)
9.00 – 10.00 – Adult Lessons (2 lanes)
9.00 – 10.00 – Leisure Swim (2/4 lanes)
10.00 – 11.00 – Adult Lessons (3 lanes)
10.00 – 12.00 – Public Swim (3 lanes)
11.00 – 11.45 – AquaFit (3 lanes)
12.00 – 14.00 – Length Swim
14.00 – 16.00 – Leisure Swim
16.00 – 19.45 – Junior Lessons
19.45 – 20.30 – Adult lessons & Swimfit
20.30 – 22.15 – Length Swim

FRIDAY

7.30 – 9.00 – Length Swim (4 lanes)
8.15 – 9.15 – Schools (2 lanes)
9.00 – 12.00 – Leisure Swim
12.00 – 14.00 – Length Swim
14.00 – 17.00 – Leisure Swim
17.00 – 18.00 – Leisure Swim (4 lanes)
17.00 – 18.00 – Junior Lessons (2 lanes)
18.00 – 19.00 – Tigersharks
19.00 – 20.00 – Leisure Swim (4 Lanes)
19.00 – 20.00 – Junior Lessons (2 Lanes)
20.00 – 22.00 – Club Swim

SATURDAY

8.00 – 9.00 – Club Swim
9.00 – 10.00 – Length Swim (4 lanes)
9.30 – 13.30 – Junior Lessons (2 lanes)
10.00 – 12.00 – Public Swim (4 lanes)
12.00 – 14.00 – Leisure Swim (4 lanes)
14.00 – 15.30 – Fun Swim (floats)
15.45 – 16.45 – Fun Swim (inflatable)
17.00 – 20.15 – Junior Lessons

SUNDAY

8.15 – 10.00 – Leisure Swim
10.00 – 12.00 – Public Swim
12.00 – 14.00 – Leisure Swim
14.00 – 15.45 – Fun Swim
16.00 – 17.00 – Parties/Private Hire
17.00 – 18.00 – Length Swim (3 lanes)
17.15 – 18.00 – Deep AquaFit (3 lanes)
18.00 – 18.45 – AquaFit (3 lanes)
18.00 – 20.30 – Mainly Ladies (3/4 lanes)
19.00 – 20.30 – Adult Lessons (2 lanes)

Small Pool

MONDAY

9.00 – 12.00 – School Swim
12.00 – 16.00 – Family Fun
16.00 – 19.30 – Junior Lessons
20.00 – 20.30 – Club Swim

TUESDAY

9.00 – 12.00 – School Swim
12.00 – 19.00 – Family Fun

WEDNESDAY

9.00 – 10.30 – Family Fun
10.30 – 11.15 – Aqua Babies
11.15 – 12.00 – Aqua Babies
12.00 – 19.30 – Family Fun

THURSDAY

9.00 – 12.00 – School Swim
12.00 – 13.30 – Family Fun
13.30 – 14.15 – Aqua Babies
14.15 – 15.00 – Aqua Babies
15.00 – 16.00 – Family Fun
16.00 – 19.00 – Junior Lessons
19.00 – 19.45 – Adult Lessons

FRIDAY

10.00 – 11.30 – Junior Lessons
11.30 – 12.15 – AquaMed
12.15 – 13.00 – AquaFit
13.00 – 18.00 – Family Fun
18.00 – 18.45 – Adult Lessons

SATURDAY

7.30 – 10.00 – Junior Lessons
10.00 – 14.00 – Family Fun
14.00 – 16.00 – Fun Swim
16.00 – 19.00 – Junior Lessons

SUNDAY

8.30 – 14.00 – Family Fun
14.00 – 16.00 – Fun Swim
16.00 – 18.00 – Family Fun

Please note any changes to the Swimming Programme will be advertised at site and on the Kirklees Active Leisure Website.

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