

MAIN POOL

Monday

7.30 - 9.00 Length Swim
9.00 - 12.00 Schools/Adult Leisure
12.00 - 13.15 Length Swim
13.15 - 15.15 Schools/Adult Leisure
15.15 - 16.30 Public Swim
16.30 - 18.30 Leisure Swim (Half Pool)
17.30 - 19.30 Fun Swim (Half pool)
19.30 - 20.15 Aqua Fit
20.30 - 21.30 Length Swim
21.30 - 22.30 Club Swim(P.Canoe Club)

Tuesday

7.30 - 9.00 Length Swim
9.00 - 12.00 Schools/Adult Leisure
12.00 - 13.15 Length Swim
13.15 - 15.15 Schools/Adult Leisure
15.15 - 16.00 Public Swim
16.00 - 19.00 Junior Lessons
19.00 - 20.30 Public Swim
20.30 - 22.30 Club Swim (P.Canoe Club)

Wednesday

6.30 - 7.30 Length Swim (Members Only)
7.30 - 9.00 Length Swim
9.00 - 12.00 Schools/Adult Leisure
12.00 - 13.30 Length Swim
13.30 - 14.15 Schools/Adult Leisure
14.15 - 16.00 Public Swim
16.00 - 18.00 Fun Swim
18.00 - 18.45 Aqua Fit/Adult Leisure
19.00 - 20.30 Length Swim
20.30 - 21.15 Adult Lessons
21.15 - 22.45 Club Swim (Octopush)

Thursday

7.30 - 9.00 Length Swim
9.00 - 10.30 Public Swim
10.30 - 12.00 Relax Swim
12.00 - 13.30 Length Swim
13.30 - 14.30 Adult Leisure/ Aqua Med
14.30 - 16.00 Public Swim
15.00 - 16.00 Schools
16.00 - 18.15 Junior Lessons
18.30 - 21.00 Club Swim (D.A.S.C)
21.15 - 22.00 Ladies Only Length Swim
21.30 - 22.00 Ladies Only Lessons

Friday

6.30 - 7.30 Length Swim (Members Only)
7.30 - 9.00 Length Swim
9.00 - 12.00 Schools/Adult Leisure
12.00 - 13.30 Length Swim
13.15 - 15.15 Schools Half Pool
13.30 - 16.00 Public Swim Half Pool
16.00 - 18.30 Junior Swim/Fun Swim
18.30 - 19.30 Staff Training/Adult Leisure
19.30 - 22.30 Length Swim

Saturday

8.15 - 13.30 Junior Lessons
11.00 - 12.00 Club Swim Half pool
12.00 - 13.30 Public Swim Half Pool
13.30 - 15.00 Swim & Slide
15.00 - 16.00 Private Hire/Parties
16.00 - 18.00 Club Swim (P. Canoe Club)
18.15 - 19.45 Family Fun
19.45 - 21.15 Male Swim

Sunday

8.30 - 10.30 Length Swim
10.30 - 12.00 Public Swim
12.00 - 14.00 Swim & Slide
14.00 - 15.30 Public Swim
15.30 - 16.30 Private Hire/Parties
16.30 - 17.30 Junior Lessons
17.30 - 19.30 Length Swim
19.45 - 21.15 Ladies Only

SMALL POOL

Monday

9.00 - 12.00 Aqua Babies
12.00 - 13.15 Public Swim
13.15 - 15.15 Aqua Babies
15.15 - 17.30 Public Swim
17.30 - 19.30 Fun Swim
19.30 - 21.30 Public Swim

Tuesday

9.00 - 12.00 Aqua Babies
10.00 - 11.00 Junior Lessons Half Pool
12.00 - 13.15 Public Swim
13.15 - 15.15 Aqua Babies
15.15 - 16.00 Public Swim
16.00 - 19.00 Junior Lessons
19.00 - 20.30 Public Swim

Wednesday

9.00 - 12.00 Aqua Babies
12.00 - 13.30 Public Swim
13.30 - 14.15 Aqua Babies
14.15 - 16.00 Public Swim
16.00 - 18.00 Fun Swim
18.00 - 21.15 Public Swim

Thursday

9.00 - 10.30 Public Swim
10.00 - 11.00 Junior Lessons
10.30 - 12.00 Aqua Babies
12.00 - 13.30 Public Swim
13.30 - 14.30 Aqua Babies
14.30 - 16.00 Public Swim
16.00 - 18.30 Junior Lessons
18.30 - 21.00 Club Swim (D.A.S.C)

Friday

9.00 - 12.00 Aqua Babies
12.00 - 16.00 Public Swim
16.00 - 18.30 Fun Swim
18.30 - 21.30 Public Swim

Saturday

8.30 - 11.00 Junior Lessons
11.00 - 12.00 Club Swim
12.00 - 13.30 Public Swim
13.30 - 15.00 Swim & Slide
15.00 - 16.00 Private Hire/Parties
18.15 - 19.45 Family Fun
19.45 - 21.15 Dads & Lads

Sunday

9.00 - 10.30 Aqua Babies
10.30 - 12.00 Public Swim
12.00 - 14.00 Swim & Slide
14.00 - 15.30 Public Swim
15.30 - 16.30 Private Hire/Parties
16.30 - 17.30 Junior Lessons
17.30 - 19.30 Public Swim
19.45 - 21.15 Mums & Daughters

Updated on 5th December 2011