

**HOLMFIRTH POOL**  
**February Half Term**  
**POOL TIMETABLE**  
**13<sup>th</sup> – 17<sup>th</sup> February 2012**

**MONDAY 13<sup>th</sup> Feb 2012**

7.30am – 9am – Length Swim  
9am – 10am – Public Swim  
10am – 10.45am – Aqua Fit  
11am – 12noon – Junior Lessons  
12noon – 1pm – Length Swim  
1pm – 1.45pm – Aqua Med  
1.45pm – 2.30pm – Aqua Med  
2:30pm – 3:30 - CLOSED  
3.30pm – 5pm – Public Swim  
5pm – 6.30pm – Junior Lessons  
6.45pm – 7.30pm – Aqua Fit  
7.30pm – 8.15pm – Aqua Fit Deep  
8.30pm – 9.15pm – Triathlon  
9.15pm – 10.15pm – Length Swim

**TUESDAY 14<sup>th</sup> Feb 2012**

7.30am – 9am – Length Swim  
9am – 10.30am – Mainly Ladies  
10.30am – 11.30am – Public Swim  
11:30 – 12:00 - CLOSED  
12noon – 1pm – Length Swim  
1pm – 1.45pm – Aqua Babes  
1.45pm – 2.45pm – Junior Lessons  
2.45pm – 3.30pm – Aquamed  
4pm – 6pm – Junior Lessons  
6pm – 7pm Public Swim  
7pm – 9pm – Club Swim  
9pm – 10pm – Length Swim

**WEDNESDAY 15<sup>th</sup> Feb 2012**

7.30am – 9am – Length Swim  
9am – 10.30am – Public Swim  
10.30am – 12noon - Fun Swim  
12noon – 1pm – Length Swim  
1.15pm – 2.15pm – Inflatable Fun  
2.15pm – 3.15pm – Inflatable Fun  
4pm – 6pm – Junior Lessons  
6pm – 7pm – Public Swim  
7pm – 7.45pm – Aqua Fit  
7.45pm – 8.30pm – Adult Lessons  
8.30pm – 9.15pm – Swim Fit  
9.15pm - 10pm – Length Swim

**THURSDAY 16<sup>th</sup> Feb 2012**

7.30am – 9am – Length Swim  
9am – 10am – Public Swim  
10am – 11am – Aqua Babes  
11am – 11.45am – Aquamed  
12noon – 1.15pm – Length Swim  
1.15pm – 2pm – Adult Lessons  
2pm – 2.45pm – Aqua Fit  
3pm – 4pm – Public Swim  
4pm – 6pm – Junior Lessons  
6pm – 7pm – Public Swim  
7pm – 9pm – Club Swim  
9pm – 10pm – Length Swim

**FRIDAY 17<sup>th</sup> Feb 2012**

7.30am – 9am – Length Swim  
9am – 10.30am – Public Swim  
10.45am – 11.45am Fun Swim  
12noon – 1pm – Length Swim  
1.15pm – 2.15pm – Inflatable Fun  
2.15pm– 3.15pm – Inflatable Fun  
3.30pm – 5pm – Public Swim  
5pm – 6pm – Fun Swim  
6pm – 6.45pm – Triathlon  
6.45pm – 7.45pm – Tigersharks

**SATURDAY & SUNDAY OPEN AS  
NORMAL**