



Junior Activity Programme 2012

Monday					Interactive 16:30-17:15 Interactive Games Shokk Studio	Fitness 17:15-17:45 Street Dance Shokk Studio					
Tuesday	 <p>Prices: Sessions are £1.00 with a KAL card or £3.50 without. See reception for Judo, Kal Kickers, Mini Moovers and Archery sessions . These sessions are either block courses or £1.75 To book and for more information call: 01924 325020 or email dewsbury.sc@kirklees.gov.uk lee.milner@kirklees.gov.uk</p>				Football 16:15-17:15 KAL Kickers Sports Hall 1	Fitness 16:15-17:00 Teen Gym Sessional Gym	Fitness 17:15-18:00 KAL Cricket Shokk Studio	Martial Arts 18:00-19:00 Judo Studio 1	Fitness 18:00-18:45 Kids Boxercise Studio 2		
Wednesday					Interactive 16:00-17:00 Active Club Shokk Studio	Interactive 17:00-18:00 Interactive Games Shokk Studio					
Thursday					Fitness 16:00-18:00 Kids Gym Shokk Studio						
Friday					Toddlers 09:30-10:15 Mini Moovers Studio 2						Skill 19:15-20:30 Archery Club Sports Hall 1
Saturday	Interactive 10:30-11:15 Badminton/ TT Sports Hall 1	Skill 12:00-13:00 Archery (Beg) Sports Hall 1	Skill 13:00-14:00 Archery (Int/Adv) Sports Hall 1								
Sunday	Football 10:00-11:00 KAL Kickers Sports Hall 1	Interactive 11:00-14:00 Kids Activity Klub Shokk Gym									